

## **Domestic Violence - How the Church Can Help (sample agenda)**

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### DAY ONE

- 7:30 Registration & Continental Breakfast
- 8:00 Welcome
- 8:15 Video- Broken Vows: Religious Perspectives on Domestic Violence (Part I)
- 9:15 Break
- 9:30 Understanding Domestic Violence
- Worldwide Violence against Women
  - Historical & Legal Context of Violence against Women
  - Types of Abuse
  - DV Relationship Dynamics
  - DV Myths & Misconceptions- What is DV & Why does it happen?
  - Profile of an Abuser
  - Understanding the Abuser
  - Intervention with Abusers
  - Why 'Anger Management' Doesn't Stop DV
  - Can a Batterer Change?
- 11:30 Lunch
- 12:30 Panel of Survivors
- 1:30 Break
- 1:45 Understanding the Victims
- Traumatic Bonding
  - Characteristics of Adult Victims
  - How Victims Change: Survival Behaviors
  - The Impact of Traumatic Stress
  - Psychosocial Effects of Abuse
  - DV Effects on the Children
- Questions & Answers/Group Discussion
- 4:00 Dismissal

## DAY TWO

7:30 Registration & Continental Breakfast

8:00 Welcome

8:15 Counseling Concerns & the Scripture

- Mistakes Christian Helpers make
- Commonly Misused Scriptures
- Divorce
- Forgiveness
- Suffering

BREAK

- What Christian Survivors Need to Hear
- Helpful Scriptures
- Helpful Christian Resources

11:30 LUNCH

12:30 Video-Broken Vows: Religious Perspectives on Domestic Violence (Part II)

1:30 Working With Victims

- Approaching & Talking With Victims
- Things That Work/Things That Don't Work
- Should All Abuse Be Reported?
- Avoiding Victim Blaming
- Safety Planning

Appropriate and Inappropriate Referrals

3:00 Panel Discussion with local experts

3:45 Evaluations/Completion certificates

4:00 Dismissal